

VOLUME 1 • OCTOBER 2019

THE SPEECH AND OT CENTRE



TAKE A PEEK!

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REMINDERS

BY TABASOM ARYA AND AHLAM HUSSEIN (SPEECH PATHOLOGISTS)

- Parents/carers are to sit in with their child during sessions ·
- If your child is sick, please consider the health of our clinicians and cancel your child's session. ·
- This year is nearing its end so remember to get EPC forms for 2019, before the year is over·
- Please provide your clinicians adequate notice (minimum of two weeks' notice) for all reports and review letters requested.
- Our policies and procedures can be accessed on our website www.speechot.com.au·
- If your child is starting school next year, their current session time may need to be changed. Contact us on 0402598698 to discuss.



UPDATES

BY SUZIE AGHA (SPEECH PATHOLOGIST)

From the 4th of November, we will only be offering 1-hour long appointments.

Sessions will be charged \$190 per hour.

Private paying clients, who attend centre-based services will receive a \$10 discount and sessions will be \$180.

Cancellations:

- Private paying clients: **72-hours** notice is required to avoid being charged the cancellation fee- \$90
- NDIS clients: please refer to your service agreement.

For cancellations related to illness, a medical certificate needs to be provided to avoid being charged a fee.

If you are unable to attend your session, please contact the cancellation line on 0435 745 924

"Through therapy, my daughter has a voice and her own personality now! She's fun to be with"

UPCOMING EVENTS AND DATES TO REMEMBER

BY GRACE ZHOU (SPEECH PATHOLOGIST)

- Dyslexia awareness month
- Developmental language disorder awareness day – Friday 18th October 2019
- World cerebral palsy day – Sunday 6th October 2019
- World teachers day – Sunday 5th October 2019
- International day of persons with disabilities – Tuesday, 3rd December 2019
- NSW Term 4 Dates – Monday, 14th October – Friday 20th December



UPCOMING BIRTHDAYS

BY AHLAM HUSSEIN (SPEECH PATHOLOGIST)

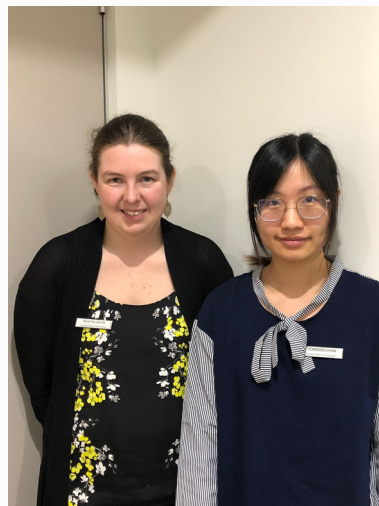
Happy Birthday
GRACE & NOVEM

ACHIEVEMENTS AND EXCITING THINGS WE'VE DONE....

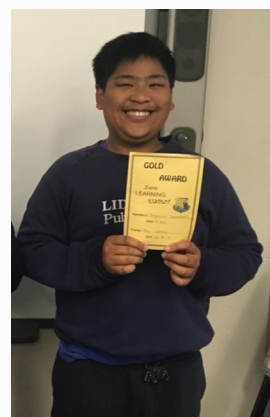
BY RACHEL CHANG (SENIOR SPEECH PATHOLOGIST)



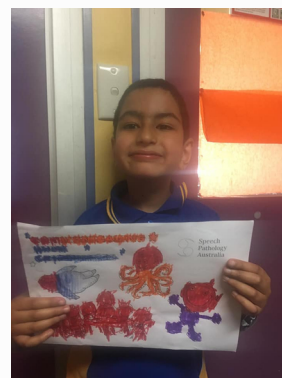
Team Lunch 4/9/19



Nina and Tennesa (University of Sydney students on placement)



Angelico received a gold award from school.



Adam participated in the colouring competition



Hamza participated in book week



Grace led our team bonding art session

BY NOVEM CHAU (SPEECH PATHOLOGIST)

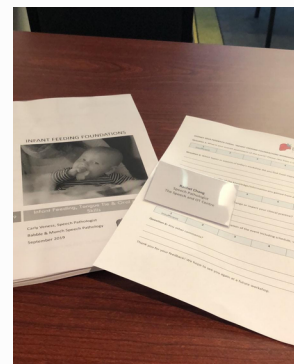
"My client has achieved 4 new sounds!"

"My child is talking so much more now!"

"This is getting easier and easier now"



Novem and Suzie attended It Takes Two To Talk workshop



Rachel attended a paediatric feeding workshop

TIPS AND STRATEGIES TO GET YOUR CHILD TALKING..

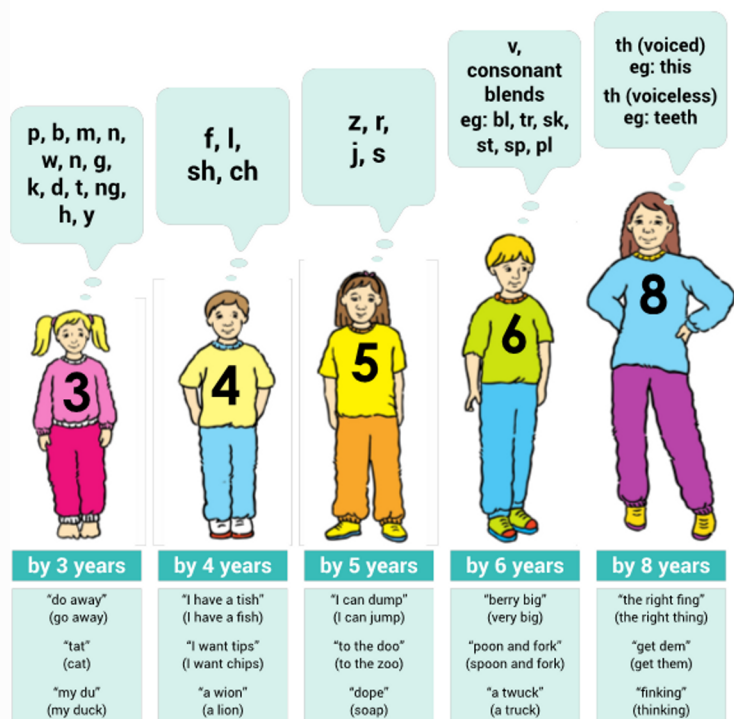
BY NOVEM CHAU (SPEECH PATHOLOGIST)

How to get your child to open up and talk to you?

- Be available
- Stop what you're doing and listen
- Listen to their perspective even if it's hard to understand
- Pause and let them finish their point before you respond
- Repeat what you hear to ensure you understood them correctly
- Express your opinion without putting down theirs

Now that Term 4 is commencing, there are many ways to replace screen time!

- Read a book
- Draw or write a story
- Do an art or craft
- Play a board game
- Follow a recipe to make a meal
- Go outdoors



Source: Developmental Phonological Disorders- a practical guide for families and teachers: (1998) Caroline Bowen

SPEECH MILESTONES

BY MARIAM AHMED(SPEECH PATHOLOGIST)

Children learn to produce different speech sounds at different ages. When we speak, we use our lips, tongue and other parts of our mouth to produce sounds.

Understanding what 'typical' speech sound development looks like can be helpful in deciding whether your child will need speech therapy.

If you have concerns about your child's speech, it is important that you seek help by visiting a speech-language pathologist who can assess your child's speech.